



# Welcome to St Alban's Church

7<sup>th</sup> Sunday after Trinity

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*Before the children leave for Children's Church we pray together....*

**Dear God, this church is a family.**

**Help us to learn together, to worship together,  
to share together and to pray together.**

**In Jesus' name. Amen.**

OPENING HYMN *George Duffield (1818-1888)*

**1 Stand up, stand up for Jesus,  
ye soldiers of the cross!  
Lift high his royal banner,  
it must not suffer loss.  
From victory unto victory  
his army he shall lead,  
till every foe is vanquished,  
and Christ is Lord indeed.**

**2 Stand up, stand up for Jesus!  
The trumpet-call obey;  
forth to the mighty conflict  
in this his glorious day!  
Ye that are his, now serve him  
against unnumbered foes;  
let courage rise with danger,  
and strength to strength oppose.**

**3 Stand up, stand up for Jesus!  
Stand in his strength alone;  
the arm of flesh will fail you,  
ye dare not trust your own.  
Put on the gospel armour,  
each piece put on with prayer;  
where duty calls, or danger,  
be never wanting there.**

**4 Stand up, stand up for Jesus!  
The strife will not be long;  
this day the noise of battle,  
the next the victor's song.  
To him that overcometh  
a crown of life shall be;  
he with the King of glory  
shall reign eternally.**

*We are gathered together as one body*

† In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

The Lord be with you.  
**And also with you.**

### INVITATION TO CONFESSION

We have too often exchanged the worship of the living God  
for idols of our own imagining.  
As we gather to offer our praises to the holy and undivided Trinity,  
and to worship him in spirit and in truth, let us call to mind our sins.

Father, you come to meet us when we return to you:  
Lord, have mercy. **Lord, have mercy.**

Jesus, you died on the cross for our sins:  
Christ, have mercy. **Christ, have mercy.**

Spirit, you give us life and peace:  
Lord, have mercy. **Lord, have mercy.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you  
† pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness  
and keep you in life eternal.  
Through Jesus Christ our Lord. **Amen.**

GLORIA *George Salazar ©1993 OCP Publications*

***Glory, glory, glory to God. Glory, glory, glory to God.***

**Glory to God in the heights of the heavens,  
peace to God's people, all people on earth. *Glory, glory...***

**Son of the Father, all glory and worship;  
praise and thanksgiving to you, Lamb of God. *Glory, glory...***

**You take away the sin of the world;  
have mercy on us, receive our prayer. *Glory, glory...***

**Seated in pow'r at the right of the Father,  
Jesus alone is the Lord, the Most High. *Glory, glory...***

**And with the Spirit of love everlasting,  
reigning in glory for ever. Amen. *Glory, glory...***

#### THE COLLECT

Generous God,  
you give us gifts and make them grow:  
though our faith is small as mustard seed,  
make it grow to your glory  
and the flourishing of your kingdom;  
through Jesus Christ our Lord. **Amen.**

#### READINGS FROM SCRIPTURE

*After each reading ...*This is the word of the Lord: **Thanks be to God.**

Amos 7.7–15

Ephesians 1.3–14

#### GRADUAL HYMN *Frances Ridley Havergal (1836-1879)*

**1 Take my life, and let it be  
Consecrated, Lord, to thee;  
Take my moments and my days,  
Let them flow in ceaseless praise.**

**2 Take my hands, and let them move  
At the impulse of thy love;  
Take my feet, and let them be  
Swift and beautiful for thee.**

**3 Take my voice, and let me sing  
Always, only, for my King;  
Take my lips, and let them be  
Filled with messages from thee.**

**4 Take my silver and my gold,  
Not a mite would I withhold;  
Take my intellect, and use  
Every power as thou shalt choose.**

**5 Take my will, and make it thine;  
It shall be no longer mine:  
Take my heart, it is thine own;  
It shall be thy royal throne.**

**6 Take my love; my Lord, I pour  
At thy feet its treasure store:  
Take myself, and I will be  
Ever, only, all for thee.**

### THE GOSPEL

We sing...**Alleluia, alleluia; alleluia, alleluia.**

Hear the Gospel of our Lord Jesus Christ according to Mark.  
**Glory to you, O Lord.**

Mark 6.14–29

This is the Gospel of the Lord. **Praise to you, O Christ.**

### THE SERMON

THE NICENE CREED *Please stand if you are able*

**We believe in one God, the Father, the almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten not made,  
of one Being with the Father, through him all things were made.  
For us and for our salvation he came down from heaven;  
he was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
He ascended into heaven and is seated at the right hand  
of the Father. He will come again in glory to judge the living and the  
dead and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

#### THE PRAYERS OF INTERCESSION

*After each prayer:* Lord, in your mercy: **Hear our prayer.**

*At the end of the prayers we say together:*

**Merciful Father, accept these prayers,  
for the sake of your Son, our Saviour Jesus Christ. Amen.**

#### THE PEACE *Please stand if you are able*

Peace to you from God our heavenly Father.  
Peace from his Son Jesus Christ who is our peace.  
Peace from the Holy Spirit, the life-giver.

The peace of the triune God be always with you. **And also with you.**

Let us offer one another a sign of peace.

#### OFFERTORY HYMN J.M. Scriven (1819-1886)

**1 What a friend we have in Jesus  
all our sins and griefs to bear!  
What a privilege to carry  
everything to God in prayer.**

**O what peace we often forfeit!  
O what needless pain we bear!  
All because we do not carry  
everything to God in prayer.**

**2 Have we trials and temptations,  
is there trouble anywhere?  
We should never be discouraged,  
take it to the Lord in prayer.  
Can we find a friend so faithful  
who will all our sorrows share?  
Jesus knows our every weakness;  
take it to the Lord in prayer.**

**3 Are we weak and heavy laden,  
cumbered with a load of care?  
Precious Saviour, still our refuge,  
take it to the Lord in prayer.  
Do your friends despise forsake you?  
Take it to the Lord in prayer;  
in his arms he'll take and shield you,  
you will find a solace there.**

#### THE PREPARATION OF THE TABLE

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

**Blessed be God forever.**

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become for us the cup of salvation.

**Blessed be God forever.**

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and singing:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*New People's Mass, A Gregory Murray © 1975, 1987 McCrimmon*

We praise and bless you, loving Father, through Jesus Christ, our Lord;  
and as we obey his command, send your Holy Spirit,  
that broken bread and wine outpoured may be for us the body and  
blood of your dear Son.

On the night before he died he had supper with his friends and, taking  
bread, he praised you. He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
Do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with  
confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith

**Christ has died: Christ is risen: Christ will come again.**

Lord of all life, help us to work together for that day when your  
kingdom comes and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms  
and bring us with the Blessed Virgin Mary, St Alban and all the saints to  
feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy  
Spirit, all honour and glory are yours, O loving Father, for ever and ever.  
**Amen.**

Rejoicing in the presence of God here among us,  
as our Saviour taught us so we pray:

**Our Father in heaven,  
hallowed be your name;  
Your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
And forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and for ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

*New People's Mass, A Gregory Murray © 1975, 1987 McCrimmon*

God's holy gifts, for God's holy people.

**Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.**

*Any member of the congregation may come to receive a blessing. All baptised Christians who receive communion in their own churches are welcome to receive communion.*



**1 Longing for light, we wait in darkness.  
Longing for truth, we turn to you.  
Make us your own, your holy people,  
light for the world to see.**

*Christ, be our light!  
Shine in our hearts.  
Shine through the darkness.  
Christ, be our light!  
Shine in your church gathered today.*

**2 Longing for peace, our world is troubled.  
Longing for hope, many despair.  
Your word alone has power to save us.  
Make us your living voice.**

*Christ, be our light...*

**3 Longing for food, many are hungry.  
Longing for water, many still thirst.  
Make us your bread, broken for others,  
shared until all are fed.**

*Christ, be our light...*

**4 Longing for shelter, many are homeless.  
Longing for warmth, many are cold.  
Make us your building, sheltering others,  
walls made of living stone.**

*Christ, be our light...*

**5 Many the gifts, many the people,  
many the hearts that yearn to belong.  
Let us be servants to one another,  
making your kingdom come.**

*Christ, be our light...*

## PRAYERS AFTER COMMUNION

Lord God, whose Son is the true vine and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory and be made perfect in his love;  
for he is alive and reigns, now and for ever. **Amen.**

**Almighty God, we thank you for feeding us  
with the body and blood of your Son, Jesus Christ.  
Through Him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

### CLOSING HYMN *Caroline Maria Noel (1817-1877)*

**1 God's Spirit is in my heart,  
he has called me and set me apart.  
This is what I have to do,  
what I have to do.**

*He sent me to give the Good News to the poor,  
Tell prisoners that they are prisoners no more,  
Tell blind people that they can see,  
And set the downtrodden free.  
And go tell everyone  
the news that the Kingdom of God has come,  
And go tell everyone  
the news that God's Kingdom has come.*

**2 Just as the Father sent me,  
so I'm sending you out to be  
my witnesses throughout the world,  
the whole of the world. *He sent me...***

**3 Don't carry a load in your pack,  
you don't need two shirts on your back.  
A workman can earn his own keep,  
can earn his own keep.**

***He sent me to give the Good News to the poor,  
Tell prisoners that they are prisoners no more,  
Tell blind people that they can see,  
And set the downtrodden free.  
And go tell everyone  
the news that the Kingdom of God has come,  
And go tell everyone  
the news that God's Kingdom has come.***

**4 Don't worry what you have to say,  
don't worry because on that day  
God's Spirit will speak in your heart,  
will speak in your heart. *He sent me...***

#### THE BLESSING AND DISMISSAL

God the Holy Trinity make you strong in faith and love,  
defend you on every side,  
and guide you in truth and peace;  
and the blessing ...

Go in peace, to love and serve the Lord.  
**In the name of Christ. Amen.**

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*Celebrating God's love in the heart of the community*

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**REGULAR SERVICES AT ST ALBAN'S - *everyone is very welcome***

**SUNDAY SERVICES:**

Sung Eucharist 9.45am weekly

**WEEKDAY SERVICES:**

**Thursday 9:30am** Said Eucharist

Followed by Community Morning 10am-12pm

**Morning Prayer 9am** Monday, Tuesday and Wednesday

**Saturday Prayer Breakfast 9.30am** on the 2<sup>nd</sup> Saturday of each month

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*St Alban's on the web:*

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