



Welcome to St Alban's

Lent 3

Before the children leave for Children's Church we pray together....

**Dear God, this church is a family.
Help us to learn together, to worship together,
to share together and to pray together.
In Jesus' name. Amen.**

OPENING HYMN *John Bunyan, revised by Percy Dearmer*

**1 He who would valiant be
'gainst all disaster,
Let him in constancy follow the Master.
There's no discouragement
shall make him once relent
his first avowed intent to be a pilgrim.**

**2 Who so beset him round
with dismal stories
Do but themselves confound –
his strength the more is.
No foes shall stay his might;
though he with giants fight;
he will make good his right to be a pilgrim.**

**3 Since, Lord, Thou dost defend
us with Thy Spirit,
We know we at the end
shall life inherit.
Then fancies flee away!
I'll fear not what men say.
I'll labour night and day to be a pilgrim.**

We are gathered together as one body...

† In the name of the Father and of the Son and of the Holy Spirit.
Amen.

The Lord be with you.
And also with you.

CONFESSION

God our Father, we come to you in sorrow for our sins.

**Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.**

**We have wounded your love,
and marred your image in us.
We are sorry and ashamed, and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past;
and lead us out from darkness
to walk as children of light.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
†pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

THE COLLECT (The special prayer of the day)

Eternal God,
give us insight to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord. **Amen.**

READINGS FROM SCRIPTURE

Old Testament: Exodus 17.1–7

New Testament: Romans 5.1–11

After each reading: This is the word of the Lord. **Thanks be to God.**

THE GOSPEL

We stand for the Gospel reading and sing...

Hear us, O Lord, have mercy upon us, for we have sinned against thee.

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

John 4.5–42

This is the Gospel of the Lord.

Praise to you, O Christ.

THE SERMON

THE NICENE CREED *Please stand if you are able*

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten not made,
of one Being with the Father,
through him all things were made.
For us and for our salvation he came down from heaven;
he was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF INTERCESSION

RESPONSE: Lord, in your mercy...**hear our prayer.**

At the end of the prayers we say together:

**Merciful Father, accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE PEACE

We meet in the name of Christ and we share his peace.
The peace of the Lord be always with you.

And also with you.

Let us offer one another a sign of peace.

OFFERTORY HYMN *John Newton (1725 - 1807)*

**1 Glorious things of thee are spoken,
Zion, city of our God!**

**He whose word cannot be broken
formed thee for his own abode.**

**On the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.**

**2 See! The streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove;
who can faint, whilst such a river
ever flows their thirst to assuage?
Grace which, like the Lord, the Giver,
never fails from age to age.**

**3 Saviour, if of Zion's city
I, through grace, a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the worldling's pleasure,
all his boasted pomp and show,
solid joys and lasting treasure
none but Zion's children know.**

THE PREPARATION OF THE TABLE

Blessed are you, Lord God of all creation.

Through your goodness we have this bread to offer, which earth has given and human hands have made.

It will become for us the bread of life.

Blessed be God forever.

Blessed are you, Lord God of all creation.

Through your goodness we have this wine to offer, fruit of the vine and work of human hands.

It will become for us the cup of salvation.

Blessed be God forever.

THE EUCHARIST

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise,
almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance

that through a pilgrimage of prayer and discipline

we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service

you bring us back to your generous heart.

Through study of your holy word you open our eyes

to your presence in the world and free our hands

to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast

with joyful hearts and minds

we bless you for your mercy and join with saints and angels

for ever praising you and singing:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

New People's Mass, A Gregory Murray © 1975, 1987 McCrimmon Publishing Co Ltd.

We praise and bless you, loving Father, through Jesus Christ, our Lord;
and as we obey his command, send your Holy Spirit, that broken bread
and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you. He broke the bread, gave it to them
and said: Take, eat; this is my body which is given for you;
Do this in remembrance of me.

When supper was ended he took the cup of wine. Again, he praised you,
gave it to them and said: Drink this, all of you; this is my blood of the new
covenant, which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with
confidence his sacrifice made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith.

Christ has died: Christ is risen: Christ will come again.

Lord of all life, help us to work together for that day when your kingdom
comes and justice and mercy will be seen in all the earth.
Look with favour on your people, gather us in your loving arms
and bring us with the Blessed Virgin Mary, St Alban and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever.
Amen.

As our Saviour taught us so we pray:

**Our Father in heaven,
hallowed be your name;
Your kingdom come, your will be done;
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever.
Amen.**

We break this bread to share in the body of Christ

**Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God,
you take away the sin of the world, have mercy on us.
Lamb of God,
you take away the sin of the world, have mercy on us.
Lamb of God,
you take away the sin of the world, grant us peace.**

New People's Mass, A Gregory Murray © 1975, 1987 McCrimmon Publishing Co Ltd

Invitation to communion

Draw near with faith.

Receive the body of our Lord Jesus Christ

which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you,

and feed on him in your hearts by faith with thanksgiving.

All baptised Christians who receive communion in their own churches are welcome to receive communion. Any member of the congregation may receive a blessing.

COMMUNION HYMN ©1980 Stephen Dean, OEP

***Water of Life, cleanse and refresh us:
Raise us to life in Christ Jesus.***

**1 All you who thirst come to the waters,
And you will never be thirsty again. *Water of Life...***

**2 As rain from heav'n, so is God's word,
Waters the earth and brings forth life. *Water of Life...***

**3 Dying with Christ, we shall rise with Him;
Death shall have no more pow'r over us. *Water of Life...***

**4 Turn to the Lord, cast off your wickedness
You will find peace in his fatherly love. *Water of Life...***

Prayer after Communion

Merciful Lord,
grant your people grace
to withstand the temptations of the world, the flesh and the devil,
and with pure hearts and minds
to follow you, the only God;
through Jesus Christ our Lord. **Amen.**

**Almighty God,
we thank you for feeding us
with the body and blood of your Son, Jesus Christ.
Through Him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

THE BLESSING AND DISMISSAL

The love of the Lord Jesus draw you to himself,
the power of the Lord Jesus strengthen you in his service,
the joy of the Lord Jesus fill your hearts.
And the blessing....

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

CLOSING HYMN *Leonard E. Smith Jnr. © 1974, 1978 Kingsway's Thankyou Music.*

**1 How lovely on the mountains
are the feet of Him
who brings good news, good news,
announcing peace,
proclaiming news of happiness;
our God reigns, our God reigns.**

***Our God reigns! Our God reigns!
Our God reigns! Our God reigns!***

**2 You watchmen lift your voices
joyfully as one,
shout for your King, your King!
See eye to eye,
the Lord restoring Zion:
our God reigns, our God reigns. *Our God reigns...***

**3 Waste places of Jerusalem,
break forth with joy!
We are redeemed, redeemed.
The Lord has saved
and comforted His people:
our God reigns, our God reigns. *Our God reigns...***

**4 Ends of the earth, see
the salvation of our God!
Jesus is Lord, is Lord!
Before the nations,
he has bared his holy arm:
our God reigns, our God reigns. *Our God reigns...***

Holy Week and Easter at St Alban's



April 2nd Palm Sunday Procession and Sung Eucharist
9.45am
*Meet at Gossops Green Community Centre
to begin the procession*



April 6th Maundy Thursday Service 7.30pm
Holy Communion, foot washing and watch



April 7th Good Friday Workshop for
children 9.30-12 noon
*Children's crafts and activities, hot cross buns
and informal worship to end the morning*

April 7th Good Friday Liturgy 2pm
Passion reading, Veneration of the Cross, Holy Communion



April 8th Easter Vigil 7.30pm
*Lighting of the Easter fire, Vigil and
first Mass of Easter*



April 9th Easter Day Family Service 9.45am
Easter Day service for all the family





*Celebrating God's love in the
heart of the community*

Website: www.stalbansgossopsgreen.co.uk
Facebook: St Alban's Gossops Green and Bewbush

REGULAR SERVICES AT ST ALBAN'S - *everyone is very welcome*

SUNDAY SERVICES:

Sung Eucharist 9:45am weekly

WEEKDAY SERVICES:

Thursday 9:30am Said Eucharist

followed by Heart of Welcome Café 10am-12pm

Morning Prayer 9am Monday, Tuesday and Wednesday

Saturday Prayers 9.30am on the 2nd Saturday of each month

Vicar: Rev'd Ann Alexander 01293 277078

ann@stalbangossopsgreen.co.uk

Parish Office: Jo Browse 01293 344860

office@stalbangossopsgreen.co.uk

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