



# Welcome to St Alban's

## 7<sup>th</sup> Sunday after Trinity

---

OPENING HYMN *Horatius Bonar, 1808-1899*

1 I heard the voice of Jesus say,  
"Come unto me and rest;  
lay down, thou weary one, lay down  
thy head upon my breast."  
I came to Jesus as I was,  
weary and worn and sad;  
I found in him a resting-place,  
and he has made me glad.

2 I heard the voice of Jesus say,  
"Behold, I freely give  
the living water; thirsty one,  
stoop down and drink and live."  
I came to Jesus, and I drank  
of that life-giving stream.  
My thirst was quenched, my soul revived,  
and now I live in him.

3 I heard the voice of Jesus say,  
"I am this dark world's light.  
Look unto me; thy morn shall rise  
and all thy day be bright."  
I looked to Jesus, and I found  
in him my Star, my Sun;  
and in that Light of Life I'll walk  
till travelling days are done.

† In the name of the Father and of the Son and of the Holy Spirit. **Amen.**  
The Lord be with you. **And also with you.**

## INVITATION TO CONFESSION

Brothers and sisters, as we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

Father, you come to meet us when we return to you:  
Lord, have mercy. **Lord, have mercy.**

Jesus, you died on the cross for our sins:  
Christ, have mercy. **Christ, have mercy.**

Spirit, you give us life and peace:  
Lord, have mercy. **Lord, have mercy.**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
† pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness  
and keep you in life eternal.  
Through Jesus Christ our Lord. **Amen.**

## GLORIA

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## THE COLLECT

Generous God,  
you give us gifts and make them grow:  
though our faith is small as a mustard seed,  
make it grow to your glory  
and the flourishing of your kingdom;  
through Jesus Christ our Lord. **Amen.**

OLD TESTAMENT READING  
Jeremiah 23.1-6

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the Lord. <sup>2</sup>Therefore, thus says the Lord, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the Lord. <sup>3</sup>Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. <sup>4</sup>I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the Lord.

<sup>5</sup>The days are surely coming, says the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. <sup>6</sup>In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The Lord is our righteousness.'

This is the word of the Lord: **Thanks be to God.**

THE GOSPEL  
Mark 6.30-34,53-end

Hear the Gospel of our Lord Jesus Christ according to Mark.  
**Glory to you, O Lord.**

The apostles gathered around Jesus, and told him all that they had done and taught. <sup>31</sup>He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. <sup>32</sup>And they went away in the boat to a deserted place by themselves. <sup>33</sup>Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. <sup>34</sup>As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

<sup>53</sup>When they had crossed over, they came to land at Gennesaret and moored the boat. <sup>54</sup>When they got out of the boat, people at once recognized him, <sup>55</sup>and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. <sup>56</sup>And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord. **Praise to you, O Christ.**

THE SERMON

## THE APOSTLES' CREED

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## PRAYERS OF INTERCESSION

*RESPONSE:* Lord, in your mercy...**hear our prayer.**

*At the end of the prayers we say together:*

**Merciful Father, accept these prayers, for the sake of your Son,  
our Saviour Jesus Christ. Amen**

## THE PEACE

We meet in the name of Christ and we share his peace.  
The peace of the Lord be always with you. **And also with you.**

## THE PREPARATION OF THE TABLE

Blessed are you, Lord God of all creation.  
Through your goodness we have this bread to offer, which earth has given and human  
hands have made, it will become for us the bread of life.  
**Blessed be God forever.**

Blessed are you, Lord God of all creation.  
Through your goodness we have this wine to offer, fruit of the vine and work of human  
hands. It will become for us the cup of salvation.  
**Blessed be God forever.**

## THE EUCHARIST

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and singing:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

We praise and bless you, loving Father, through Jesus Christ, our Lord;  
and as we obey his command, send your Holy Spirit,  
that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
Do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith  
**Christ has died: Christ is risen: Christ will come again.**

Lord of all life, help us to work together for that day  
when your kingdom comes and justice and mercy will be seen in all the earth.  
Look with favour on your people, gather us in your loving arms  
and bring us with the Blessed Virgin Mary, St Alban and all the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit, all honour and glory are yours,  
O loving Father, for ever and ever. **Amen.**

## THE LORD'S PRAYER

As our Saviour taught us so we pray:

**Our Father in heaven,  
hallowed be your name;  
Your kingdom come,  
your will be done;  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and for ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, grant us peace.**

God's holy gifts for God's holy people.

**Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.**

*The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members.*

*In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.*

### An Act of Spiritual Communion

**My Jesus, I believe that you are present in the Holy Sacrament of the altar.**

**I love you above all things and I passionately desire to receive you into my soul.**

**Since I cannot now receive you sacramentally, come spiritually into my soul  
so that I may unite myself wholly to you now and for ever. Amen.**

## POST COMMUNION PRAYERS

Lord God,  
whose Son is the true vine and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves the power of his death and passion  
that, in his saving cup, we may share his glory  
and be made perfect in his love;  
for he is alive and reigns, now and for ever. Amen.

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

## THE BLESSING AND DISMISSAL

May God,  
who in Christ gives us a spring of water welling up to eternal life,  
perfect in you the image of his glory;  
and the blessing ...

Go in peace, to love and serve the Lord.  
**In the name of Christ. Amen.**

## CLOSING HYMN *Henry Francis Lyte (1793-1847)*

**1 Praise, my soul, the king of heaven!  
To his feet thy tribute bring.  
Ransomed, healed, restored, forgiven,  
who like me his praise should sing?  
Praise him! Praise him!  
Praise him! Praise him!  
Praise the everlasting king!**

**2 Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same for ever,  
slow to chide and swift to bless.  
Praise him! Praise him!  
Praise him! Praise him!  
Glorious in his faithfulness!**

**3 Father-like he tends and spares us;  
well our feeble frame he knows;  
in his hands he gently bears us,  
rescues us from all our foes.  
Praise him! Praise him!  
Praise him! Praise him!  
Widely as his mercy flows!**

**4 Angels, help us to adore him;  
ye behold him face to face;  
sun and moon bow down before him,  
dwellers all in time and space.  
Praise him! Praise him!  
Praise him! Praise him!  
Praise with us the God of grace!**

**Vicar:** Rev'd Ann Alexander 01293 277078  
*vicar@stalbangossopsgreen.co.uk*

**Curate:** Rev'd Lizzi Green 01293 421155  
*curate@stalbangossopsgreen.co.uk*

**Parish Office:** Jo Browse 01293 344860  
*office@stalbangossopsgreen.co.uk*

**Website: [www.stalbangossopsgreen.co.uk](http://www.stalbangossopsgreen.co.uk)  
Facebook: St Alban's Gossops Green & Bewbush**

*Common worship: Services and Prayers for the Church of England, material from which is included in this service, is © The Archbishop's Council 2000. Calamus Licence Number 95 CCL Licence Number 078543*