

Welcome to St Alban's Church Trinity 3

OPENING HYMN Henry Smith © 1978 Integrity's Hosanna! Music

Give thanks with a grateful heart. Give thanks to the Holy One. Give thanks because he's given Jesus Christ, his Son. (Repeat)

And now let the weak say, "I am strong", let the poor say, "I am rich", because of what the Lord has done for us. And now let the weak say, "I am strong", let the poor say, "I am rich", because of what the Lord has done for us.

Give thanks with a grateful heart......

And now let the weak say, "I am strong", let the poor say, "I am rich", because of what the Lord has done for us. And now let the weak say, "I am strong", let the poor say, "I am rich", because of what the Lord has done for us. Give thanks!

† In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord be with you. **And also with you**.

INVITATION TO CONFESSION

Lord God, our maker and our redeemer, your people come before you to confess our sin.

Lord our God,
in our sin we have avoided your call.
Our love for you is like a morning cloud,
like the dew that goes away early.
Have mercy on us; deliver us from judgement;
bind up our wounds and revive us;
in Jesus Christ our Lord.
Amen.

Almighty God, who forgives all who truly repent, have mercy upon you † pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal. Through Jesus Christ our Lord. **Amen.**

THE GLORIA Mike Anderson ©1983 Kevin Mayhew Ltd

Gloria, (clap) gloria, (clap) in excelsis Deo. Gloria, (clap) gloria, (clap) in excelsis Deo.

- 1. Lord God, heavenly King, peace you bring to us; we worship you, we give you thanks we sing our song of praise.
- 2. Jesus, Saviour of all, Lord God, Lamb of God you take away our sins, Oh Lord, have mercy on us all.
- 3. At the Father's right hand, Lord receive our prayer, for you alone are the Holy One, and you alone are Lord.
- 4. Glory Father and Son, Glory Holy Spirit, to you we raise our hands up high, we glorify your name.

THE COLLECT (The special prayer of the day)

God our saviour, look on this wounded world in pity and in power; hold us fast to your promises of peace won for us by your Son, our Saviour Jesus Christ. **Amen**

OLD TESTAMENT READING Jeremiah 28.5-9

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; ⁶ and the prophet Jeremiah said, 'Amen! May the Lord do so; may the Lord fulfil the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles.

⁷ But listen now to this word that I speak in your hearing and in the hearing of all the people. ⁸ The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. ⁹ As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet.'

After the reading ... This is the word of the Lord: Thanks be to God

THE GOSPEL Matthew 10.40-end

Hear the Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, O Lord.**

'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. 41 Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; 42 and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.'

After the reading...This is the Gospel of the Lord.

Praise to you, O Christ.

THE REFLECTION

THE NICENE CREED

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one Being with the Father, through him all things were made. For us and for our salvation he came down from heaven; he was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF INTERCESSION

Lord, in your mercy...hear our prayer.

At the end of the prayers we say together: Merciful Father, accept these prayers, for the sake of your Son, our Saviour Jesus Christ. Amen.

THE PEACE

We meet in the name of Christ and we share his peace. The peace of the Lord be always with you. **And also with you.**

THE EUCHARIST

The Lord be with you. **And also with you.**Lift up your hearts. **We lift them to the Lord.**Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and singing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

Do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith.

Christ has died: Christ is risen: Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms and bring us with the Blessed Virgin Mary, St Alban, and all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

As our Saviour taught us so we pray:

Our Father in heaven, hallowed be your name;
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread.
And forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever. Amen.

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, grant us peace.

God's holy gifts, for God's holy people.

Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'

An Act of Spiritual Communion

My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and for ever. Amen.

PRAYERS AFTER COMMUNION

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord. Amen

THE BLESSING AND DISMISSAL

May God, who in Christ gives us a spring of water welling up to eternal life, perfect in you the image of his glory; and the blessing ...

Go in peace, to love and serve the Lord In the name of Christ. Amen.

CLOSING HYMN Alan Dale@1967 OUP, adpt from New World

God's Spirit is in my heart,
He has called me and set me apart.
This is what I have to do,
what I have to do.

He sent me to give the Good News to the poor,
Tell prisoners that they are prisoners no more,
Tell blind people that they can see,
And set the downtrodden free,
And go tell everyone the news that the Kingdom of God has come,
And go tell everyone the news that God's kingdom has come.

Just as the Father sent me,
So I'm sending you out to be
My witnesses throughout the world,
The whole of the world.

He sent me to give the Good News to the poor...

Don't carry a load in your pack, You don't need two shirts on your back A workman can earn his own keep, Can earn his own keep.

He sent me to give the Good News to the poor...

Don't worry what you have to say, Don't worry because on that day God's Spirit will speak in your heart, Will speak in your heart.

He sent me to give the Good News to the poor...

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